



FRESHLY MADE SALADS

CHICKEN CAESAR

romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing

\$7.50 740 CALS

THAI CRUNCH

roasted chicken, super blend slaw, carrots, crispy wontons, cilantro, scallions & thai peanut dressing

\$7.50 380 CALS

SOUTHWEST V GF

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

\$7.50 680 CALS

QUINOA PROTEIN BOWL GF

romaine, quinoa, chicken shawarma, cucumber, grape tomato, feta, red onion, almonds, lemon tahini

\$7.50 900 CALS

BEET & GOAT CHEESE V GF

mixed greens, roasted beets, avocado, walnuts, goat cheese, balsamic vinaigrette

\$7.50 830 CALS

CRISPY CHICKEN

breaded chicken tenders, chopped lettuce, tomato, onion, cucumber, cheddar cheese, ranch dressing

\$7.50 710 CALS

COBB GF

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

\$7.50 770 CALS

FEATURED

SWEET KALE V

chopped kale, shredded brussels sprouts, cabbage, broccoli florets, toasted pumpkin seeds, dried cranberries, poppyseed dressing

\$8.00 470 CALS

OFF TO THE RIGHT START

CALIFORNIA ROLL GF

crab salad, mixed greens, brown rice, cucumber, shredded carrots, green onions, toasted sesame seeds, creamy sriracha dressing

\$7.50 460 CALS

OPTIONS

ADD CHICKEN GF DF
\$1.65

BACON (2) GF DF
\$1.50 130 CALS

AVOCADO VG GF DF
\$0.60 60 CALS

CHEESE V GF
\$0.60 110 CALS



V-VEGETARIAN

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE



CN-CONTAINS NUTS

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.